



Ten Rules of Eye Safety

VISION READY IS MISSION READY

The Tri-Service Vision Conservation
and Readiness Program

Ten Rules of Eye Safety

1. Observe eye safety signs and procedures.
2. Always wear appropriate ANSI¹ Z87 approved eye protection that is in clean and serviceable condition for mechanical, chemical, biological or radiant energy hazards. For training and operational duties a ballistic standard is required - MCEP² significantly exceeds ANZI Z87 standards and meets this requirement.
3. Avoid contact lenses where smoke, dust, and chemical fumes exist, and while training or deployed.³
4. For eye hazardous sports, wear ASTM⁴ approved eyewear that contain lenses.
5. Know where the eyewash fountain is and know how to use and maintain it.
6. Know basic first aid for eye injury so you may help yourself and your fellow worker.
7. Have an eye examination by your eye doctor every 2 or 3 years, or sooner if directed, to ensure you have good vision to do your job safely and efficiently.
8. Report eye injury hazards and unsafe practices to your supervisor.
9. Encourage your fellow workers to practice eye safety and receive eye safety training.
10. Use common sense in all activities that are potentially hazardous to the eye.

¹ American National Standards Institute, ²Military Combat Eye Protection, ³Unless specifically authorized by employer, ⁴ American Society of Testing and Materials



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